

Announcing the 30/30 Bible Study Challenge!!

What is the 30/30 Bible Study Challenge??

We are inviting the entire congregation to read the Bible for **30 Minutes a Day for 30 Days**. For this challenge, we will read the **Book of Psalms**.

When will it start?

It will begin on **Monday August 1, 2016** and end on **August 31, 2016**.

Why join the 30/30 Bible Study Challenge?

The Bible is no ordinary book. The words within its pages are like medicine to your soul. It has the power to change your life because there is life in the Word! (See Hebrews 4:12.) **And when you discover the power and truth of God's Word, you will begin to see changes in your life that only this truth can bring.**

We need to get into agreement with what God wants us to do because, as the writer of Proverbs says, these words are life! When you need an encouraging word, or you're in a negative environment, it's good to know that you can find life, comfort, encouragement and direction in God's Word.

Here are six steps you can take to enhance your study of God's Word now:

Six Effective Steps to Studying the Bible

1. *Purposely set aside time.* Find a time of day – first thing in the morning, midday, evening, before bedtime – that works for **you!**

2. Make preparation for your Bible study. Choose a place that you enjoy being in — a room or a corner where you can focus without interruption and where you are comfortable.

3. Have all your materials available. Find a Bible translation that you are comfortable with, and if possible also get a good Bible dictionary, a concordance, a pen and paper. That way, you don't have to stop every few minutes to reference something or write something down.

4. Prepare your heart. Begin with prayer; ask the Holy Spirit to prepare your heart and mind to receive what God will reveal to you through your Bible study. Talk to God about things you may need to confess, and enter your study time peacefully and without anything that may block you from receiving revelation during your study.

5. Slow down – Remember, more isn't necessarily better! It's about the **quality, not quantity.**

6. Determine to be focused – silence your phone; defer incoming emails & texts while you're studying; ask for people to respect your study time.

Make the time in your life to study because **there is power in it to change your life and become the person God wants you to be.** Once you do, you'll experience the peace and joy to enjoy every day of your life!

(adapted from material available from *Joyce Meyer Ministries*)

Questions? Please contact Rev. Diana Jackson-Lovett, Pastor for Christian Education, at djl4009@comcast.net or 301-277-4742 (office).